



JUNIOR OPEN CHRISTMAS MEET

SATURDAY 10th DECEMBER 2022

License Number:

3S-22/23-U014

Event Information

Date Saturday 10th December 2022

Venue Ards Blair Mayne Wellbeing & Leisure Centre, 1 Dairy Hall Lane, Newtownards BT23 4DB. The pool is 25m, 6 lane, electronic timing will be in use.

Age Groups There will be five age groups, 9, 10, 11, 12 and 13 year olds.

Events Individuals may compete in the following scheduled events:

Age 9 25m and 50m in all strokes and 100m IM

10 – 12 Years 50m and 100m in all strokes, 100m IM, 200m free and 200m IM

Age 13 100m in all strokes, 200 free and 200IM

(The number of heats maybe restricted for 200m free if the gala is oversubscribed – if this is the case spaces will be allocated on a first come first served basis)

All events will be Heat Declared Winner

Entries Closing date for entries: **2nd December 2022**

Hy-tek entry file should be emailed to ardscompsec@gmail.com by the closing date.

Withdrawals should be notified by 6pm on Thursday 8th December 2022.

The Club reserves the right to restrict entries to assist the smooth running of the Gala on a first come basis.

Clubs are responsible for checking their own entries and changes will **not** be made on the day.

No entries on the day. Not accepting any entries from clubs with outstanding debt.

Entry Fees Individual events £6 (or €7) per event.

Fees must be paid by GBP on or before Friday 9th December 2022, no refunds.

Only method of payment is electronic transfer.

Fees payable to Ards Swimming Club, Danske Bank –

Sort Code **950679** / Account Number **90183563**

Awards

Medals will be awarded to the first three places in each event in:

Session 1: 25m (9 years), 50m (10 years & under), 11 years and 12 years

Session 2: 10 years, 11 years, 12 years and 13 years

Trophies will be presented for Top Boy and Top Girl in each age group, based on points accumulated in, 9 years - All 25m events, 10 – 12 years - All 50m events.

Meet Results

The Gala results will be posted on the notice board during the gala and on MeetMobile. A full list of results will be forwarded to individual clubs and Swim Ulster to allow updating of relevant databases.

General Rules

The Gala will be run under Fina/Swim Ireland rules. Discretion will be used with regard to the “One Start Rule” for morning session only.

Swimmers age is defined as, on 31st December 2022.

Starts will be over the top where possible.

Electronic timing system will be in use.

The Club reserves the right to alter the programme to assist the smooth running of the Gala.

Appeals shall be submitted in accordance with Fina/Swim Ireland procedures and will be handled by the Meet Managers and Referees.

Meet Safety

All accidents, however minor must be reported, in writing, to the Leisure Centre and Ards ASC. A copy of the Accident Report Form can be found at reception.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone’s safety.

General;

- Everyone attending the Meet must familiarise themselves with the locations and operation of emergency exits.
- Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- All persons attending the Meet must take all steps to ensure their own safety and the safety of others.
- All walkways must be kept clear of bags, equipment, etc. It is your responsibility to do so.

Starting;

- In the event of a false start, swimmers should perform a safe entry and not fall into the water.

Warm Up;

- Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- The instructions of those in authority must be obeyed immediately.
- Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- On finishing a sprint immediately clear the way for the following swimmer(s).

Around The Pool; (e.g. spectator area)

- Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- Swimmers will not be allowed in the spectator gallery unless they are dried and have appropriate footwear. Swimmers are also reminded, changing is not permitted in the spectator gallery, please use changing areas provided.
- Swimmers are not permitted to climb over the rail.
- Glass bottles are not permitted outside designated refreshment areas. (i.e. Café)

Thank you for your co-operation in making our Meet a safe experience for all.

Cameras/Mobile Phones

The use of all photographic equipment is strictly controlled. All photographic equipment must first be registered at the program desk on entry.

Mobile phone usage is strictly forbidden within Ards Leisure Centre and this policy is actively enforced inside the Centre.

Miscellaneous

Any point not covered by the above will be at the discretion of the organizers. As appropriate, the Meet Manager's or Gala Referee's decision will be final.

Refreshments

Café facilities will be available within the Leisure Centre.

Order of Events

Session 1 9am - Ages 9 – 12 (Novice)

Warmup: Girls 8:15am, Boys 8:35am

- 1 Girls 25m Back
- 2 Boys 25m Back
- 3 Girls 50m Butterfly
- 4 Boys 50m Butterfly
- 5 Girls 25m Breast
- 6 Boys 25m Breast
- 7 Girls 50m Freestyle
- 8 Boys 50m Freestyle
- 9 Girls 25m Butterfly
- 10 Boys 25m Butterfly
- 11 Girls 50m Back
- 12 Boys 50m Back
- 13 Girls 25m Freestyle
- 14 Boys 25m Freestyle
- 15 Girls 50m Breast
- 16 Boys 50m Breast
- 17 Girls 100m IM
- 18 Boys 100m IM

Session 2 1pm - Ages 10 – 13

Warmup: Boys 12:15pm, Girls 12:35pm (possibly will be adjusted)

- 19 Girls 200 Freestyle
- 20 Boys 200 Freestyle
- 21 Girls 100m Breast
- 22 Boys 100m Breast
- 23 Girls 100m Back
- 24 Boys 100m Back
- 25 Girls 100m Butterfly
- 26 Boys 100m Butterfly
- 27 Girls 100m Freestyle
- 28 Boys 100m Freestyle
- 29 Girls 200m IM
- 30 Boys 200m IM