

ULSTER LONG COURSE RECORDS based on claims received as of 8 April 2024

| Men | | | Senior Records | Women | | |
|---------------------|---|----------|-------------------|----------|--|----------------------|
| Name | Date Achieved / Where | Time | Event | Time | Date Achieved / Where | Name |
| C Bain – Cookstown | 13.03.20 – Edinburgh Intl Meet | 22.29 | 50m Freestyle | 25.15 | 30.07.22 – C’wealth Games, Birmingham | D Hill – Larne |
| J McMillan – Bangor | 06.04.23 – British Championships, Sheffield | 48.97 | 100m Freestyle | 54.87 | 21.04.22 – NAC, Dublin | D Hill – Larne |
| J McMillan – Bangor | 07.04.24 – British Championships, London | 1:46.19 | 200m Freestyle | 1:59.86 | 29.07.22 – C’wealth Games, Birmingham | V Catterson – Ards |
| D Wiffen – Larne | 13.04.23 – Stockholm | 3.44.35 | 400m Freestyle | 4:13.26 | 24.08.14 – European Champs, Berlin | S McMahon – Leander |
| D Wiffen – Larne | 26.07.23 – Fukuoka, Japan | 7:39.19 | 800m Freestyle | 8:54.06 | 22.07.17 – C’wealth Youth Games, Bahamas | R Bethel – Lisburn |
| D Wiffen – Larne | 18.2.24 – Doha, Qatar | 14:34.07 | 1500m Freestyle | 17:04.70 | 10.04.11 – Eindhoven | S McMahon – Leander |
| C Ferguson – Bangor | 17.05.21 – Duna Arena, Budapest | 24.81 | 50m Backstroke | 27.69 | 29.04.23 – Aurora, Bangor | D Hill – Larne |
| C Ferguson – Bangor | 06.04.17 – NAC, Dublin | 54.61 | 100m Backstroke | 1:00.18 | 24.06.21 – NAC, Dublin | D Hill – Larne |
| C Ferguson – Bangor | 08.04.17 – NAC Dublin | 1:58.80 | 200m Backstroke | 2:10.75 | 22.05.12 – Debrecen, Hungary | M Nocher – Ards |
| J Graham – Bangor | 03.08.17 – Kranj, Slovenia | 27.65 | 50m Breaststroke | 30.29 | 03.04.23 – NAC, Dublin | M McSharry – Marlins |
| J Graham – Bangor | 27.07.17 – Ponds Forge, Sheffield | 1:01.37 | 100m Breaststroke | 1:05.55 | 24.07.23 – Fukuoka, Japan | M McSharry – Marlins |
| A Bree – Ards | 08.08 – Beijing Olympic Games | 2:10.16 | 200m Breaststroke | 2:24.50 | 28.05.23 – Tollcross, Glasgow | M McSharry – Marlins |
| C Brines – Larne | 03.02.17 – Aurora Bangor | 23.93 | 50m Butterfly | 26.62 | 26.07.19 – NAC, Dublin | M McSharry – Marlins |
| P Johnston – Ards | 21.04.22 – NAC, Dublin | 53.29 | 100m Butterfly | 1:00.53 | 03.03.12 – NAC, Dublin | B Carson – Lisburn |
| P Johnston – Ards | 21.04.21 – NAC, Dublin | 1:58.81 | 200m Butterfly | 2:13.75 | 23.08.14 – Berlin | S McMahon – Leander |
| J Brown – Ards | 22.04.17 – Ponds Forge, Sheffield | 2:02.75 | 200m IM | 2:14.31 | 09.07.23 – Belgrade, Serbia | E McCartney – Ards |
| A Bree – Ards | 06.01 – Glasgow | 4:30.10 | 400m IM | 4:48.38 | 26.04.13 – NAC, Dublin | S McMahon – Leander |

| Boys | | | Junior Records | Girls | | |
|---------------------|--|----------|-------------------|----------|-------------------------------|----------------------|
| Name | Date Achieved / Where | Time | Event | Time | Date Achieved / Where | Name |
| D Registe – Lisburn | 05.04.23 – NAC, Dublin | 23.39 | 50m Freestyle | 25.88 | 01.04.23 – NAC, Dublin | G Davison – Ards |
| C Coulter – Ards | 19.07.12 – Ponds Forge, Sheffield | 50.87 | 100m Freestyle | 56.93 | 03.04.23 – NAC, Dublin | G Davison – Ards |
| J McMillan – Bangor | 11.12.17 – Aurora, Bangor | 1:50.32 | 200m Freestyle | 2:02.08 | 04.10.10 – Delhi, India | S McMahon – Leander |
| J McMillan – Bangor | 19.11.17 – Swansea | 3:57.38 | 400m Freestyle | 4:15.86 | 04.08.10 – Sheffield | S McMahon – Leander |
| D Wiffen – Lisburn | 06.07.19 – European Juniors, Kazan, Russia | 8:13.72 | 800m Freestyle | 8:56.04 | 25.07.10 – NAC, Dublin | S McMahon – Leander |
| D Wiffen – Lisburn | 04.07.19 – European Juniors, Kazan, Russia | 15:52.94 | 1500m Freestyle | 17:04.70 | 10.04.11 – Eindhoven | S McMahon – Leander |
| C Ferguson – Bangor | 09.04.17 – NAC, Dublin | 25.24 | 50m Backstroke | 29.67 | 22.04.17 – Aurora, Bangor | R Reid – Ards |
| C Ferguson – Bangor | 06.04.17 – NAC, Dublin | 54.61 | 100m Backstroke | 1:03.72 | 01.05.15 – NAC, Dublin | D Hill – Larne |
| C Ferguson – Bangor | 08.04.17 – NAC, Dublin | 1:58.50 | 200m Backstroke | 2:17.71 | 17.07.15 – NAC, Dublin | D Hill – Larne |
| M Dawson – Ards | 03.08 – Limerick | 29.56 | 50m Breaststroke | 32.30 | 04.10.10 – Delhi, India | S McMahon – Leander |
| B Woodside – Larne | 21.04.21 – NAC, Dublin | 1:04.61 | 100m Breaststroke | 1:09.07 | 04.03.16 – Aurora, Bangor | M McSharry – Marlins |
| B Woodside – Larne | 25.07.19 – NAC, Dublin | 2:19.98 | 200m Breaststroke | 2:31.09 | 04.03.16 – Aurora, Bangor | M McSharry – Marlins |
| D Registe – Lisburn | 06.08.23 – Trinidad & Tobago | 24.72 | 50m Butterfly | 27.78 | 30.04.23 – Aurora, Bangor | G Davison – Ards |
| P Johnston – Ards | 29.03.19 – NAC, Dublin | 55.02 | 100m Butterfly | 1:02.51 | 24.07.14 – Tollcross, Glasgow | G Kane – Bangor |
| P Johnston – Ards | 29.03.19 – NAC, Dublin | 2:02.43 | 200m Butterfly | 2:15.97 | 01.08.09 – Sheffield | S McMahon – Leander |
| J Brown – Ards | 24.04.14 – NAC, Dublin | 2:07.82 | 200m IM | 2:17.27 | 26.05.23 – Tollcross, Glasgow | G Davison – Ards |
| J Brown – Ards | 07.03.15 – Aurora, Bangor | 4:33.83 | 400m IM | 4:49.87 | 09.04.11 – Eindhoven | S McMahon – Leander |

ULSTER LONG COURSE RECORDS based on claims received as of 8 April 2024

| Men | | ULSTER LONG COURSE SENIOR RELAY RECORDS | | Women | |
|--|----------------|--|----------------|--|--|
| Name | Time | Event | Time | Name | |
| Ulster Squad – R Hoal, S Dickson, W Gilmer, K Frizzell – Dec 2005, Bath | 1:56.16 | 4 x 50m Medley Team Relay - Representative | 2:06.16 | Ulster Squad - M Nocher, A Hyland, L McFarland, C Dawson – Dec 2005 Bath | |
| Ulster Squad - K Frizzell, S Dickson, R Hoal, W Gilmer - Dec 2005, Bath | 1:42.76 | 4 x 50m Freestyle Team Relay - Representative | 1:51.69 | Ulster Squad - C Dawson, A Pugh, A Hyland, M Nocher – Dec 2005 Bath | |
| Bangor - C Ferguson, J Graham, J Sloan, D Thompson 11.11.17 - War Memorial, Bangor Aurora | 1:43.32 | 4 x 50m Medley Team Relay - Club | 1:58.85 | Ards - R Reid, Z Thompson, E Reid, V Catterson 11.11.17 - War Memorial, Bangor Aurora | |
| Bangor - J McMillan, C Coulter, D Thompson, J Sloan 9.11.19, Bangor Aurora | 1:32.76 | 4 x 50m Freestyle Team Relay - Club | 1:47.39 | Ards - R Reid, E McKibben, E McCartney, V Catterson 13 Nov 2021, Craigavon | |
| N. Ireland - C Ferguson, J Graham, J Brown, J Sloan 10.04.18, Gold Coast, Australia (CWG) | 3:41.08 | 4 x 100m Medley Team Relay - Representative | 4:16.81 | Ireland - D Hill, M McSharry, E Reid, R Bethel 25.06.15, Baku, Azerbaijan | |
| N. Ireland - C Coulter, C Bain, D Thompson, J Sloan 6.04.18, CWG, Gold Coast, Australia | 3:19.57 | 4 x 100m Freestyle Team Relay - Representative | 3:47.24 | N. Ireland - V Catterson, G Davison, M McAlorum, D Hill 30.07.22, CWG Birmingham | |
| Ulster - J Gilmer, L Campbell, I Chisholm, R Hoal 21.02.09, Swansea | 8:00.63 | 4 x 200m Freestyle Team Relay - Representative | 8:10.97 | Ireland - S McMahan, B Carson, M Nocher, C Dawson 4.12.11, Eindhoven | |
| Bangor - C Ferguson, J Graham, J Sloan, D Thompson 08.04.17, NAC, Dublin | 3:45.07 | 4 x 100m Medley Team Relay – Club | 4:21.26 | Ards - R Reid, Z Thompson, E Reid, B Firth 06.03.16, Aurora, Bangor | |
| Bangor - D Thompson, J McMillan, C Ferguson, J Sloan 06.04.17, NAC, Dublin | 3:23.38 | 4 x 100m Freestyle Team Relay - Club | 3:56.55 | Ards - E McKibben, A Kane, R Reid, V Catterson 21.02.20, Aurora, Bangor | |
| Bangor - J McMillan, C Ferguson, D Thompson, J Sloan 07.04.17, NAC, Dublin | 7:32.11 | 4 x 200m Freestyle Team Relay - Club | 8:28.85 | Ards - A Kane, R Reid, E McKibben, V Catterson 20.02.20, Aurora, Bangor | |

| Name | Event | Time |
|--|---|----------------|
| Ards - J Angus, P Johnston, R Reid, V Catterson - 11.11.17, War Memorial, Bangor Aurora | Mixed 4 x 50m Freestyle Relay - Club | 1:43.86 |
| Ards - B Firth, J Brown, E Reid, C Coulter – 07.11.15, Bangor Aurora | Mixed 4 x 50m Medley Team Relay - Club | 1:54.88 |
| Larne - Conor Ferguson, Ben Woodside, Ellie Falls, Danielle Hill – 22.02.20, Bangor Aurora | Mixed 4 x 100m Medley Team Relay - Club | 4:04.36 |

ULSTER LONG COURSE RECORDS based on claims received as of 8 April 2024

| Boys | | ULSTER JUNIOR RELAY LONG COURSE RECORDS | | Girls | |
|--|----------------|--|----------------|---|--|
| Name | Time | Event | Time | Name | |
| Ards – A Barnes, M Hand, C Eatwell, B Cummings 12.11.22, Aurora Bangor | 1:48.89 | 4 x 50m Medley Team Relay - Club | 2:02.92 | Ards - A Kane, E McKibbin, M Davison, H McBride 10.11.18, Aurora Bangor | |
| Ards - P Johnston, J Angus, C Armstrong, T Uprichard 23.04.17, Bangor Aurora | 1:38.37 | 4 x 50m Freestyle Team Relay - Club | 1:52.07 | Ards – G Davison, K Aiken, Z Quigley, M Diamond 12.11.22 – Aurora Bangor | |
| Ulster - L Campbell, J Leckey, C Hamilton, J Gilmer 22.02.09, Swansea | 4:13.58 | 4 x 100m Medley Team Relay - Representative | 4:30.67 | Ulster - C Cullen, E McCartney, T Barr, M McAlorum 30.06.19, Scot Nat. Aberdeen | |
| Ulster - L Galloway, J Leckey, J Sloan, L Campbell 20.02.09, Swansea | 3:45.64 | 4 x 100m Freestyle Team Relay - Representative | 4:06.66 | Ulster - M McAlorum, E McCartney, C Rooney, J McMullen 29.06.19, Scot. Nat. Aberdeen | |
| Ulster - D Wiffen, P Johnston, J Allison, J McMillan 01.07.16, Tollcross, Glasgow | 8:13.53 | 4 x 200m Freestyle Team Relay - Representative | 8:54.50 | Standard | |
| Ards - A Barnes, M Hand, C Eatwell, C Dunnion 24.02.22, Aurora, Bangor | 4:00.03 | 4 x 100m Medley Team Relay – Club | 4:33.98 | Ards - R Reid, M Davison, E McConnell, Z Thompson 06.03.16, Aurora, Bangor | |
| Ards - C Dunnion, D Kennedy, A Barnes, B Riddell 25.02.22, Aurora Bangor | 3:37.52 | 4 x 100m Freestyle Team Relay - Club | 4:09.16 | Ards - Z Thompson, E McConnell, M McGonnigle, R Reid 15.07.15, NAC, Dublin | |
| Lisburn - D Wiffen, D Griffiths, J Fleming, J Allison 05.04.18, NAC, Dublin | 7:56.38 | 4 x 200m Freestyle Team Relay - Club | 9:00.50 | Standard | |

| Name | Event | Time |
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| Ards - M Hand, D Harvey, H McMaster, Z Quigley - 26.03.22, Aurora Bangor | Mixed 4 x 50m Freestyle Relay - Club | 1:50.33 |
| Ards – A Barnes, K Aiken, C Eatwell, G Davison – 12.11.22, Aurora Bangor | Mixed 4 x 50m Medley Team Relay - Club | 1:54.15 |
| Ards - Adam Barnes, Keira Aiken, Charlie Eatwell, Grace Davison – 8.05.22, Aurora Bangor | Mixed 4 x 100m Medley Team Relay - Club | 4:08.44 |